

Essence of Eastern Canada end Toronto

Trip Map



- Start Location
- End Location
- Over night
- Visited Location
- Cruise
- Ferry
- Plane
- Train

Day 1 | Arrive Toronto



Welcome to the world's most multiculturally diverse city, Toronto. Known to locals as the 'Six', Canada's hipster enclave and largest city is all about unique neighbourhoods, fusion food, fascinating museums, vintage shopping and a healthy obsession with all things hockey. At the centre of it all is the city's icon, the CN Tower, its 553 metre (1815 foot) spire dominating the landscape. After settling in to your hotel, you can wander around the district's open-air markets which will no doubt get tummies rumbling. For dinner, why not head to near-by Kensington Market, arguably the most diverse of all the city's neighbourhoods where the idea of fusion food is taken to all new heights.

Hotel: Chelsea

Day 2 | Niagara Falls Excursion



Pack your sense of adventure this morning as you're off to visit Niagara Falls! The biggest (and loudest) falls in North America, an incredible 3,160 tons of water thunder into the gorge below every second, creating a natural phenomenon many have dubbed the 8th Wonder of the World. You'll be getting up close and personal on a cruise to Horseshoe Falls, allowing you to see both the Canadian and American sides. Remember that raincoat? Now's the time to use it. Back in Toronto later, the rest of the day is yours to do as you please. Maybe head to Queen West to explore the neighbourhood's impressive collection of art galleries and design studios, or take advantage of our CN Tower Choice Experience to test your head for heights.

Hotel: Chelsea

CHOICE OPTIONAL EXPERIENCES:

You will be offered one of the following two experiences depending on availability:

Niagara Falls Helicopter Flightseeing - See Niagara from the best seat in the house — a helicopter. Fly over Whirlpool Rapids, Rainbow Bridge and Queen Victoria Park before cruising past the American Falls and Skylon Tower. The finale? A curve around the Canadian Horseshoe Falls, where spray and rainbows guarantee views you'll never forget.

Adult: 203.00 CAD

* Please Note: this optional experience is weather permitting.

Niagara Parks Generating Station - Step into the heart of Niagara's power at the Canadian Niagara Power Company generating station. Dive into a world of immersive exhibits, meticulously restored artifacts, and engaging storytelling that spans a century. Get up close with the innovative spirit of hydropower pioneers who harnessed water's mighty force to light up lives for 100 years. This mix of fun and learning reveals the incredible history and distinctive architecture, showing you the revival of a true powerhouse.

Adult: 40.00 CAD

CN Tower Admission and Panoramic Views - Since the CN Tower burst onto the Toronto skyline in 1976, it's stood as more than just an iconic silhouette against the city lights—it's a marvel of modern architecture, a hub of top-tier entertainment and dining, and an absolute must-visit. As you wander through its halls, you'll be treated to visual stories that bring the tower's engineering feats to life. Engage with interactive displays that narrate the tower's history and offer a peek into its

inner workings today.

Adult: 53.00 CAD

Day 3 | Toronto – Kingston – Ottawa



Wave goodbye to Toronto and hit the road alongside the sparkling shores of Lake Ontario. First stop? Campbell's Orchard, where you'll hop on a wagon ride through the orchard and sip on fresh cider straight from the source. Next up is Kingston—stretch your legs with free time to explore or jump on a narrated Kingston harbour cruise as a Choice Experience. Think lake breezes, local legends and big views. Then it's on to Ottawa, Canada's cool and compact capital, where your evening is all yours. Want to wander the historic streets, find a cosy pub or just take it easy? Totally your call.

Hotel: Four Points by Sheraton Gatineau-Ottawa

CHOICE OPTIONAL EXPERIENCES:

Kingston Discovery Cruise - Hop aboard a narrated Kingston discovery cruise through Kingston harbour. You'll sail past Fort Henry, Cedar Island, Garden Island and the Royal Military College of Canada. With local stories, lake breezes and wide-open views, it's a relaxed and scenic way to dive into this waterfront city's past.

Adult: 34.00 CAD

Day 4 | Ottawa Sightseeing and Free Time



Start your morning in Ottawa with a sightseeing tour of the city's icons: Sussex Drive, Royal Canadian Mint, National Gallery of Canada, Supreme Court of Canada, National War Memorial, National Arts Centre, Canada War Museum, Library and Archives Canada, and the stunning Notre Dame Cathedral Basilica. After your sightseeing, enjoy some free time for your Choice Experiences. Head to Byward Market's vibrant indoor/outdoor open market for a quick bite or maybe experience culture and MAKE TRAVEL MATTER® with an authentic powwow dance performance with music by First Nations members at Mādahōki Farm. You could also explore Ottawa's neighbourhood food markets, discover local produce and dishes and meet area chefs and food artisans on a food walking tour.

Hotel: Four Points by Sheraton Gatineau-Ottawa

CHOICE OPTIONAL EXPERIENCES:

Ottawa River Cruise - Embark on a captivating journey along the Ottawa River with an exciting cruise, presenting unparalleled vistas from the water. Setting sail from Hull Marina in Jacques Cartier Park and the Ottawa Docks at the Ottawa Locks' base, this 60-minute tour stands as the most comprehensive river excursion available. Witness the breathtaking skyline of the city, and journey through time to when the river served as a vital passage. Be mesmerized by the natural splendour that once enchanted European explorer Samuel de Champlain.

Adult: 49.00 CAD

Indigenous Experiences, Arts & Culture - Embrace a meaningful journey with a visit to Mādahòkì Farm in Ottawa, where the profound essence of Indigenous culture unfolds through the dynamic spectacle of a Pow Wow dance. Witness the stunning fusion of traditional regalia and mesmerising dance steps, each movement and colour telling a story deep-rooted in heritage. This experience directly supports the United Nations Sustainable Development Goal 10: Reducing Inequalities.
Adult: 59.00 CAD

Ottawa Food Walking Tour - Dive into the heart of the city's culinary landscape with a gourmet walking tour that takes you through its bustling food markets. Discover local produce, savour unique dishes, and connect with the chefs and artisans who bring flavour to the area. This gourmet walking tour is your perfect gateway to the national capital region's lively food scene, offering insights from Local Guides across five distinct restaurants. Ready to taste the hidden gems and celebrated flavours of Ottawa? Embark on a journey that promises not just meals, but stories to feast on.
Adult: 85.00 CAD

Day 5 | Ottawa - Québec City



Ready for some romance? Good news—elegant Québec City is calling. With cobblestone streets, leafy parks and grand architecture, this French-flavoured gem feels like Europe without the flight. This afternoon, you can choose to head out on a Choice Experience to Montmorency Falls. Take in the epic views, then round off the experience with a classic French dinner in Old Québec at a spot famed for its steak-frites and secret sauce.

Hotel: Sepia

CHOICE OPTIONAL EXPERIENCES:

An Evening Visit to Montmorency Falls and Dinner in Old Québec - Walk the cliffside trail, cross the suspension bridge and take in sky-high views over Montmorency Falls – it's 30 m (98 ft) taller than Niagara! Then head down to the base for the full thunderous effect, before sitting down to a French feast at L'Entrecôte Saint-Jean, famous for steak-frites and that oh-so-secret sauce.
Adult: 121.00 CAD

Day 6 | Québec City Sightseeing and Free Time



After a croissant and coffee, head out with a Local Guide to explore Québec City's UNESCO-listed Old Town. From the Plains of Abraham and Place Royale to the turreted Château Frontenac, this city knows how to show off. This afternoon, you can choose to join a Choice Experience at the Gilles family's copper studio, where you'll see their craft up close, try repoussé for yourself and enjoy coffee or tea with canelé cake. Then tonight, why not choose another Choice Experience and dive into Québec's food scene on a tasty tour of local flavours and stories.

Hotel: Sepia

CHOICE OPTIONAL EXPERIENCES:

Copper Art Studio Visit and Workshop - Step inside the Gilles family workshop and see copper craft done properly. This family's been at it for nearly 100 years, and they'll show you how it all works. Check out the finished pieces, have a go at shaping copper yourself, then wrap things up with coffee or tea and a canelé cake.

Adult: 25.00 CAD

Historic Foodie Tour in Old Québec - Meet Louis Hébert or Marie Rollet and get the real story on life in New France. Wander Old Québec, hear how the first settlers handled brutal winters and bare cupboards, then tuck into local tastings at nearby restaurants. It's history with a side of snacks, and a fun way to get a true taste of the city.

Adult: 119.00 CAD

Day 7 | Québec City – Montréal



Get ready for Montreal sightseeing! We hope you're hungry this morning as for breakfast you'll be heading to the iconic Erabliere le Chemin du Roy, a traditional Cabane à Sucre (sugar shack) to learn how maple syrup, one of Canada's most famous exports, is made. You'll then make the short drive to Montreal, Canada's cultural capital where festivals, art, and a certain joie de vivre are all part of the daily make up. On arrival you'll meet up with a Local Guide for a city tour of the UNESCO-designated 'City of Design', admiring how old European style architecture sits naturally beside beautiful contemporary masterpieces in this popular destination city. This afternoon choose Montreal your way. North Montreal is full of hip neighbourhoods, beautiful parks, hidden alleyways, and vibrant street art. This evening with free time to explore, you could head out for dinner with the group or take your pick of one of the cute terraced restaurants along the river.

Meals: Breakfast

Hotel: Sandman Montreal-Longueuil

CHOICE OPTIONAL EXPERIENCES:

Farewell Dinner in Romantic Vieux Montreal - Gather for a final toast with your travel companions at the iconic Vieux Port Steakhouse, nestled in the heart of Old Montreal. Housed in a stunning century-old building on St. Paul Street, its warm stone walls, wooden floors, inviting fireplaces, and friendly service set the perfect backdrop for your farewell dinner. Delight in a choice of succulent steak or fresh seafood, paired with a glass of wine, as you celebrate the unforgettable moments shared. One drink included.

Adult: 83.00 CAD

Day 8 | Depart Montréal or Toronto



And just like that, you've experienced the very best of Eastern Canada. From Toronto's trendy microbreweries to Québec City's timeless romance, you'll be finishing your trip this morning with happy memories, and no doubt a longing to see what the rest of Canada has in store. Leave Montréal at your own pace, or take it easy with a transfer back to Toronto where you will arrive at the Toronto International airport at approximately 16:00— the choice is yours.

This document was last updated 10 June 2026.

While all information is correct at the time of publication, occasionally details or timings may differ.

Please refer to our website or speak to your Travel Director for the latest updates.