

Wonders of the Canadian Rockies

Trip Map



📍 Start Location

📍 End Location

🕒 Over night

● Visited Location

🚢 Cruise

🚢 Ferry

✈️ Plane

🚆 Train

Day 1 | Arrive Vancouver



Welcome to the west coast! Touch down in Vancouver and make your own way to the hotel, where your adventure begins. You'll meet your Travel Director and fellow travellers this afternoon — the perfect time to get the lowdown on the trip and swap hellos with your new crew. If you're in town early, why not stretch your legs with a wander along the waterfront?

Hotel: Accent Inns Vancouver Airport

Day 2 | Vancouver - Victoria



Kick things off with a proper look at Vancouver. Your Travel Director will show you the city's best bits, from historic Gastown with its famous steam clock to the lush landscapes of Stanley Park. Keep your camera ready — there's something to see around every corner. Then it's time to swap city sights for sea views as you board the ferry to Vancouver Island. Glide across the Strait of Georgia, watching for coastal scenery and maybe even a seal or two. You'll land in the charming city of Victoria, ready to explore more tomorrow.

Hotel: The Vic, Ascend Hotel Collection

Day 3 | Victoria Free Time

Start your day with breakfast in the blooming beauty of Butchart Gardens — it's a proper feast for all your senses. Stroll through vibrant floral displays before heading into Victoria for an orientation with your Travel Director. You'll spot Canada's oldest Chinatown, the iconic Empress Hotel, the harbourfront and the grand Parliament Buildings. The rest of the day is yours to explore. Stroll down Government Street, grab a coffee by the waterfront or check out the Royal BC Museum. You could join a Choice Experience and head out on the water for a whale watching tour. Whether you're into sightseeing or sea spray, there's plenty of ways to make the most of your time.

Meals: Breakfast

Hotel: The Vic, Ascend Hotel Collection

CHOICE OPTIONAL EXPERIENCES:

Victoria Whale Watching Excursion - Set sail on a breathtaking three-hour whale-watching cruise off the coast of Victoria, a haven for marine wildlife. Prime viewing seasons are spring and summer when the waters are bustling with Bigg's killer whales, humpback whales, South Resident orcas, Minke, and grey whales. But the spectacle lasts all year with the chance to spot bald eagles, porpoises, and seals frolicking in the waters.

Adult: 171.00 CAD

* Please Note: This optional experience requires a signed liability waiver.

Day 4 | Victoria - Sun Peaks



Wave goodbye to the coast as you hop on the ferry back to the mainland. Sit back and soak up the views as you cruise across the water — you might even spot a pod of dolphins if you're lucky. Then it's on the road through British Columbia's ever-changing landscapes, from thick forests to glacial peaks. Your day ends in Sun Peaks, a laid-back alpine village tucked into the mountains. It's the perfect spot to unwind, breathe in that fresh air and get set for tomorrow's adventure.

Hotel: Sun Peaks Lodge

Day 5 | Sun Peaks - Jasper

Enjoy a slow start with time to explore Sun Peaks your way. Grab a coffee and soak up the alpine vibe, or take a walk through the village trails before hitting the road. Keep your eyes on the horizon as you head deeper into the Rockies — the views only get better. Stop off at the Mount Robson Visitor Centre to take in the tallest peak in the Canadian Rockies (and trust us, it's a jaw-dropper). Then it's onwards to Jasper National Park, where you'll settle in for the night surrounded by pristine wilderness and sky-high peaks.

Hotel: Lobstick Lodge

Day 6 | Jasper National Park and Free Time

As the largest national park in the Canadian Rockies, explore exactly as you like with Choice Experiences. Spot wildlife as you float down the Athabasca River. Have your heart set on beautiful Maligne Lake? A boat cruise (seasonal) around the largest glacially fed lake in the Canadian Rockies could be perfect for you.

Hotel: Lobstick Lodge

CHOICE OPTIONAL EXPERIENCES:

Maligne Lake Cruise - Dive into the blue! Maligne Lake isn't just any lake—it's the king of glacier-fed lakes in the Canadian Rockies, all wrapped up in a mountain hug. Hop on a cruise to Spirit Island, a spot so picture-perfect, it's practically famous. This isn't just a boat ride; it's your ticket to explore the stories, secrets, and rock-solid facts of this magical place.

Adult: 101.00 CAD

Athabasca Dinner & Discovery Tour - Food lovers and wildlife enthusiasts, buckle up for an epic evening mash-up! Kick things off with a mouth-watering three-course dinner at Becker's Chalet, right by the flowing Athabasca River. Then, dive into the wild with a two-hour "Horns and Antlers" tour, led by a Local Guide. This adventure isn't open to just anyone, making you part of a special crew. With your stomachs and cameras full, you'll carry the memories of this standout night forever, especially knowing you're dining in the same spot Marilyn Monroe did while filming "The River of No Return."

Adult: 140.00 CAD

You will be offered one of the following four experiences depending on availability:

Jasper Float Trip - Get ready for a float trip on the Athabasca River. This isn't just any rafting trip; it's your backstage pass to spot wildlife wonders like elk, deer, moose, and bears. With a National Park Local Guide steering you down old fur trader routes, you'll learn all about Jasper's wild tales and landscapes. Don't worry about the paddling; your Local Guide's got that covered, easing you through gentle rapids and serene stretches. So, kick back, keep your eyes peeled for critters, and let the river's flow do the talking. This is your adventure, Canadian Heritage style.

Adult: 97.00 CAD

* Please Note: This optional experience requires a signed liability waiver.

Jasper Food Tour - Hey food fanatics, you're in for a treat with the Jasper Downtown Foodie Tour. Led by a local, this guided walk will feel like you're hopping from one food-loving friend's place to another. You'll stop at four spots to nibble on specially chosen dishes, each with a refreshing drink. As you wander, soak up stories about Jasper's past and get the lowdown on this mountain town. And the menu? That's a delicious mystery – part of the fun! Note: In line with Alberta's alcohol laws, you must be 18 or older to participate.

Adult: 135.00 CAD

Ultimate Guided Nature Walk - Jasper National Park is your ultimate outdoor escape, offering everything from snow-topped mountains to lush alpine meadows. Embark on a guided nature walk through diverse terrains—hills, forests, meadows, and beyond, all while a Local Guide fills you in on the local flora and fauna. Each season brings a new palette, from vibrant wildflowers to the fiery hues of Larch and Aspen trees. No matter when you visit, it's a hike through nature's masterpiece.

Adult: 77.00 CAD

Jasper E-Bike Tour - Ride through regenerating forest, and past white-sand beaches and glacial lakes—all with a Local Guide. Learn how wildfire shapes the landscape, get the lowdown on local ecology, and watch for wildlife like elk, bears and bighorn sheep. No emissions, no effort, all adventure!

Adult: 199.00 CAD

Day 7 | Jasper - Icefields Parkway-Lake Louise -Banff



Today's drive is something else. You'll journey down the Columbia Icefields Parkway — one of the world's most scenic highways — with towering peaks, turquoise lakes and ancient glaciers all along the way. Stop at the Icefields themselves and climb aboard a massive Ice Explorer to roll right out onto Athabasca Glacier. Fill your water bottle with a sip of pure glacier melt — it doesn't get fresher than that. After all that cool adventure, warm things back up with a photo stop at dreamy Lake Louise. That postcard-perfect turquoise water really lives up to the hype. By evening, you'll arrive in Banff, ready to relax in this buzzing alpine town.

Hotel: Red Carpet Inn

Day 8 | Banff National Park and Free Time



Rise and shine! Start the day with a selection of tempting helicopter flights, if you choose (weather dependent). Spend the rest of the day your way. Join a MAKE TRAVEL MATTER® Experience Plant Medicine Walk with a First Nations Local Specialist. Or, you can opt to end the evening with a Gondola ride and dinner with a view.

Hotel: Red Carpet Inn

CHOICE OPTIONAL EXPERIENCES:

Lake Moraine Sunrise with Breakfast - Be the first at Moraine Lake for a crowd-free sunrise. Snap the views, sip a hot drink, and enjoy a warm breakfast. With a Local Guide and early access, you'll hit top photo spots, then head to Lake Louise via

backroads—keep your eyes peeled for elk, moose or even bears.

Adult: 299.00 CAD

Mahikan Medicine Walk in the Boreal Forest - Dive into the heart of nature with the Mahikan Trails Guided Medicine Walk, where plant medicine is unveiled through an Indigenous perspective. Begin with a sacred tobacco ceremony to honor the ancestors and seek their blessing to explore the "standing people" (plants). Your Local Guide will unravel the land's secrets, revealing the traditional medicines of the Boreal Forest and the survival techniques of Indigenous ancestors over thousands of years. By joining, you're not just gaining knowledge and supporting the United Nations Sustainable Development Goal 10: Reducing Inequalities and Goal 11: Sustainable Cities and Communities.

Adult: 101.00 CAD

Mt. Assiniboine Helicopter Tour - Buckle up for a blockbuster helicopter ride to Mount Assiniboine, the Canadian Rockies' own "Matterhorn." Ready your camera for non-stop, jaw-dropping shots of this iconic peak soaring 11,870 feet along the Great Divide. Just when you think it can't get any better, the stunning views of Gloria and Assiniboine Glaciers will prove you wrong. This 35-minute flight is a whirlwind of epic scenery. Keep your eyes peeled and cameras ready!

Adult: 452.00 CAD

Three Sisters Peaks Tour (25 min) - Brace yourself for a thrilling adventure you won't forget. Seize the chance to zoom past the iconic Three Sisters Peaks, getting an up-close view before darting into the Spray Valley. Here, marvel at the wild hues of the Spray Lakes. Your journey circles back along the Goat Range, then traces the crystal-clear Bow River all the way to Canmore.

Adult: 336.00 CAD

Banff Gondola and unique dining experience - Craving a view from the top? Jet off to Sulphur Mountain's summit to catch epic 360-degree scenes of six mountain ranges. Kickstart your journey with a quick eight-minute gondola ride, cosy in a modern, fully enclosed cabin for four. You'll hover over forests to a rocky peak, landing in a scene that'll steal your breath away. Then, settle in for a tasty dinner at a mountain-top restaurant, dished up with a generous helping of jaw-dropping views.

Adult: 159.00 CAD

Day 9 | Banff National Park - Calgary



It's time to say goodbye to mountain highs and alpine skies as you travel from Banff to Calgary. Sit back and enjoy the last of those big Canadian views as you make your way to the airport for your onward journey. Whether you're heading home or onto your next adventure, you'll leave with stories to tell and a camera full of memories. This afternoon, you'll be dropped off at the airport at approximately 11:30 am. Please be aware when booking flights.

CHOICE OPTIONAL EXPERIENCES:

Farewell Dinner - Before bidding farewell to your newfound friends, enjoy one final meal at Moxie's, an establishment known for their handcrafted dishes and signature cocktails.

Adult: 129.00 CAD

This document was last updated 29 May 2026.

While all information is correct at the time of publication, occasionally details or timings may differ.

Please refer to our website or speak to your Travel Director for the latest updates.