

## Ancient China - ACBX

7 days: Beijing to Chengdu

### What's Included

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- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Your Foodie Moment: Local Family Lunch Xi'an, Xi'an
- Orientation walk in Beijing, Xi'an
- Forbidden City Visit
- Tiananmen Square
- Free time in Beijing, Xi'an
- Great Wall of China
- Muslim Quarters Visit
- Terracotta Warriors Guided Tour
- Lunch with local family in Xi'an
- Giant Panda Breeding Center

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 30th, 2024 and onwards

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

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#### Day 1 Beijing

Arrive at any time. Attend a welcome meeting in the evening followed by an orientation walk with your CEO in the area of Beijing near the joining hotel. There will be an optional group dinner afterwards at a local restaurant.

#### Orientation Walk

Beijing 2km

Set out on an orientation walk near the hotel with your CEO to get your bearings. They will show you restaurants, points of interest, supermarkets, ATMs, etc.

#### Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### Day 2 Beijing

Visit the vast expanses of Tiananmen Square and the Forbidden City. Use free time to explore the Hutongs (historic narrow streets and alleys) or The Temple of Heaven, the Drum and Bell Tower, Lama Temple, or Summer Palace.

Explore bustling Beijing including the famous Tiananmen Square and Forbidden City.

Due to restrictions in China after the pandemic, the maximum daily capacity in the Forbidden City has been reduced from 80,000 to 30,000. This significant decrease in daily tickets has had a great impact on

availability for both individuals and group tours to secure tickets, especially during the summer season. Our local team works very hard to secure tickets for each group. However, on the off chance we are unable to secure tickets to the Forbidden City, we will visit the Summer Palace and the Temple of Heaven, places of similar architecture and importance.

### **Forbidden City**

Beijing 2h

Check out the iconic Forbidden City in the heart of Beijing. For 500 years the palace was only accessible to the emperors' attendants and officials by invitation only. Visit sights like the Clock Exhibition Hall, wander through the Three Great Halls or stand in the shade of the cypress trees in the Imperial Garden.

### **Metro**

Beijing

Get around underground via public transit.

### **Tiananmen Square**

Beijing

Explore one of the world's largest public squares and the symbolic centre of Chinese power. Framed by the Gate of Heavenly Peace with its Mao portrait, Mao's Mausoleum, the Great Hall of the People, the National Museum, and with elaborate flag raising and lowering ceremonies at dawn and dusk, it's a place of pilgrimage for the Chinese tourists who consider it the heart of their nation.

### **Free Time**

Beijing

Spend a free afternoon in Beijing. Opt to visit Hutong Area, the Temple of Heaven, and Summer Palace. Opt to have a Peking Duck meal in the evening.

### **Optional Activities - Day 2**

#### **Hutong Walk**

Beijing 2h-4h

Take a walking tour through some of Beijing's traditional alleyways and backstreets (known as hutongs) and get a taste of this magnificent metropolis.

#### **Temple of Heaven**

Beijing

40CNY per person

Explore the stunning Temple of Heaven, which was built during the rule of the Ming dynasty. Learn more about the history and significance of this place, often referred to as the symbol of Beijing.

#### **Summer Palace**

Beijing

60CNY per person

This UNESCO World Heritage Site consists of palaces, lakes, and gardens in Beijing and is absolutely stunning. Its main components are Kunming Lake and Longevity Hill, which is 60m (200 feet) high and has many buildings on it. Kunming Lake is actually man made, and measures 2.2sq km (1.4 sq mi).

#### **Lama Temple Visit**

Beijing 2h-4h

25CNY per person

Tour Lama Temple, or Yonghe Temple as its formally known, to learn more about the history of Buddhism in Beijing. The temple is ornately decorated with impressive frescoes, arches, and intricately carved architecture. Admire some of the statues in the different pavilions and halls, then head to the Wànfú Pavilion to see the Maitreya Buddha.

#### **Drum and Bell Tower Visit**

Beijing

30CNY per person

Climb to the top of the Drum Tower for an unforgettable aerial view of the city. Back in the Han Dynasty the towers were used to echo the time to the city with bells in the morning and drums in the evening. Today the 63-ton bell still stands in one tower and drum performances happen daily in the morning and afternoon.

### **Day 3 Beijing/Xi'an**

Travel north to the Great Wall, one of the most iconic sights in all of China. Spend the better part of the day exploring and taking photos, soaking in the atmosphere.

Head out to discover the wonders of the Great Wall of China.

#### **Great Wall Mutianyu Visit**

Beijing 3h

Climb the rolling hills of Huairou County at Mutianyu, one of the best-preserved sections of the Great Wall. Enjoy scenic views as the wall winds along mountain ridges, and take brag-worthy photos of the wall from any of the 22 towers. The Great wall is an incredible piece of engineering stretching 6000 km west from the mountain ridges north of Beijing. It was originally constructed to protect Chinese empires from nomadic northern tribes, and even though it failed in this purpose, it's still one of the country's most remarkable achievements and an iconic destination. The Mutianyu section of the Great Wall is located about 80km away from the Beijing City Center. The walk is approximately 5 kilometres and will take 2 to 3 hours depending on your level of fitness.

#### **Private Vehicle**

Beijing – Mutianyu 2h-2h30m 80km

Settle in and scan the scenery from the comfort of your shared bus transportation from Beijing to Mutianyu.

#### **Private Vehicle**

Mutianyu – Beijing 2h-2h30m 80km

Settle in and scan the scenery from the comfort of your shared bus transportation from Mutianyu to Beijing.

#### **Optional Activities - Day 3**

##### **Cable Car at Great Wall**

Mutianyu

100-140CNY per person

The cable car ride is about 5 minutes ride up to tower 14, from where you may walk to the highest point of Mutianyu Great Wall at Tower 20. The walk from ticket check to tower 10 is about 30 minutes. The cable car ride is a good option if you are hoping to save energy to challenge the Tower 20. Return ticket is recommended as you may spend more time on the wall.

100 CNY (one way) to 140 CNY (round trip)

##### **Toboggan at Great Wall**

Mutianyu

100-140CNY per person

After your hike on the Great Wall, opt to take a Toboggan ride back down instead of the cable car!

100 CNY (one way) - 140 CNY (Round trip)

#### **Day 4 Beijing/Xi'an**

In the morning catch a bullet train from Beijing to vibrant Xi'an. After settling in at your hotel go on an orientation walk with your CEO and visit points of interest around the city like the bustling Muslim Quarter. Known as one of Xi'an's most fascinating areas, you will pass the lovely and unusual Great Mosque and wander by food stalls with some of the best street eats in China.

##### **Muslim Quarter Visit**

Xi'an 1h30m

Explore the lively Muslim Quarter and its serene Great Mosque, making time to indulge in the offerings of exotic local street food stalls. At night, head out for some of the best street food in China – the spicy beef and lamb kebabs are always a favorite.

##### **Bullet Train**

Beijing – Xi'an

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

##### **Orientation Walk**

Xi'an 1h

Enjoy a CEO-led orientation walk close to the Xi'an hotel to help you get the lay of the land. Learn where you can find local services (like ATMs and laundromats) and, perhaps, see some city highlights. Every CEO does something slightly different for their orientation walk to show visitors what they like best about the city.

#### **Optional Activities - Day 4**

##### **The Great Mosque**

Xi'an

25CNY per person

Discover this hidden oasis behind the markets of the Muslim Quarter. Learn about the Great Mosque's centuries-old history, and explore the temples and gardens to see how Chinese and Islamic architecture came together in this place of worship.

## Day 5 Xi'an

Visit one of China's greatest archaeological treasures—the Terracotta Warriors. This evening, opt for a dumpling banquet with your CEO and group.

### Private Vehicle

Xi'an

Settle in and scan the scenery from the convenience of a private vehicle.

### Terracotta Warriors Guided Tour

Xi'an 3h 2km

Take a guided tour of the Terracotta Warriors where more than 8,000 clay soldiers and hundreds of replica horses and chariots stand in three pits. Learn why the Emperor Qin Shihuang commissioned the statues to serve as his army in the afterlife and how they were discovered. Spend a half-day exploring this archaeological wonder.

### Your Foodie Moment: Local Family Lunch Xi'an

Sit down for an included lunch at a restaurant run by a local family at their own home near the Terracotta Museum. Dishes will include foods like home-cooked noodles, stir fried dishes, and seasonal fruits from the garden.

### Free Time

Xi'an

Explore all the city has to offer.

### Optional Activities - Day 5

#### Big Goose Pagoda Visit

Xi'an

50CNY per person

Head to the outskirts of the city to the Big Wild Goose Pagoda, a beautiful, brick Buddhist temple.

#### Cycling Xi'an City Walls

Xi'an 1h-2h

45-45CNY per person

Rent a bike and cycle the Xi'an city walls. The walls – built for protection in the Tang Dynasty and expanded in the Ming dynasty – are a great way to absorb local history. Hop off where you like and admire the views as you pedal along the 12m (39 ft) wide wall, which takes about 2 hrs to cycle along.

#### The Tang Dynasty Cultural Show with Dumpling Banquet

Xi'an

328CNY per person

Witness the Tang Dynasty Music and Dance Show preserving the cultural heritage with a blend of ancient music, inspiring dances to various Chinese instruments, and interesting historical stories to captivate audiences. Before the show there will be a traditional banquet with the main source being the Chinese Dumplings, which are also named Jiaozi. They typically consist of a ground meat and/or vegetable filling wrapped into a thinly rolled piece of dough, which is then sealed by pressing the edges together or by crimping.

#### Xi'an City Wall South Gate

Xi'an

54CNY per person

Xian City Wall is the most complete city wall that has survived in China, as well being one of the largest ancient military defensive systems in the world. Along the moat is a beautiful park. You could either walk on the wall or rent a bike and cycle around, traffic free! The wall was first built in 1370. In rectangular shape the whole length is 13.7 Km.

### Meals included: Lunch

## Day 6 Xi'an/Chengdu

Spend a free morning in Xi'an then board a bullet train in the afternoon to Chengdu. After getting settled at the hotel, join an orientation walk around the city. In the evening sit down for a Hotpot dinner with the group.

Hotpot is a very local way to have a meal. We sit around a table with a pot built in the middle – the pot is divided into 2 halves (spicy vs. non-spicy usually). The restaurant's flavoured soup is added and brought to a boil, then we can start adding our food in the pot to cook (including vegetable, meat or fish). The table also offers various sorts of herbs, spices, oil etc so you can make your own soup to taste.

### Bullet Train

Xi'an – Chengdu 3h30m-4h

Catch a high speed train to our next stop.

## **Meals included: Dinner**

### **Day 7 Chengdu**

Enjoy a morning visit to see pandas at the Giant Panda Breeding Research Base. Witness the conservation efforts being made to save this endearing species. In the afternoon, return to Chengdu by train. Your trip ends on arrival in Chengdu.

### **Giant Panda Breeding Center**

Chengdu3h

Visit the popular pandas at the Chengdu Research Base of Giant Panda Breeding, created to provide an ideal breeding environment for these endangered creatures. Learn about their life cycle and habitat and take memorable photographs of these iconic national treasures. See a number of other rare species, including the little-known red panda. Arrive in the fall for a chance to see tiny newborn pandas.

## **What's Included**

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Your Welcome Moment: Welcome Moment - Meet Your CEO and Group

Your Foodie Moment: Local Family Lunch Xi'an, Xi'an. Orientation walk in Beijing, Xi'an. Forbidden City Visit. Tiananmen Square. Free time in Beijing, Xi'an. Great Wall of China. Muslim Quarters Visit. Terracotta Warriors Guided Tour. Lunch with local family in Xi'an. Giant Panda Breeding Center.

## **Highlights**

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Explore China's greatest architectural marvel, The Great Wall, See how China is protecting the endangered Giant Panda at the Giant Panda Breeding Center, Eat lunch with a local Chinese family

## **Dossier Disclaimer**

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Itinerary Disclaimer**

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Important Notes**

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1. Please note while traveling through mainland China you will not be able to access some popular internet websites. It's important to let your family and friends know that you might not be able to stay in touch over your usual methods, be it - social media or email. The Chinese Government restricts certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, Whatsapp etc. It may be possible to still access some of these websites using a VPN. If you wish to stay in touch with your friends and family through the above blocked sites, we suggest you research installing a suitable VPN on your device prior to travel or turn on your data roaming if needed.

### **2. INTERNET ACCESS**

Please note while traveling through mainland China you will not be able to access some popular internet websites, certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, etc. It may be possible to access some of these websites using a VPN. If you wish to use above blocked sites, we suggest you get a suitable VPN on your device prior to travel.

### **3. LUGGAGE**

As we use (sometimes crowded) local transport please note backpacks are much more suitable than

suitcases for this style of trip. Train travel means that bags have to be stowed either overhead or under beds, so travelling as light as possible is recommended.

## **Group Leader Description**

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All our G Adventures group trips are accompanied by a G Adventures Chief Experience Officer (CEO) in China. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **Group Size Notes**

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Max 16, avg 12.

## **Meals Included**

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1 lunch, 1 dinner

## **Meals**

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Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Breakfast in China will usually be Asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **Transport**

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Train, private vehicle, walking, plane.

## **Local Flights**

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All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Solo Travellers**

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We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Accommodation**

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Hotels (6 nights).

## **My Own Room**

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Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **Joining Hotel**

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please call or go to the information centre and ask the staff there to help to call our local G Adventures Transfer provider directly at: +86 18122213686 - if the driver cannot arrive anytime soon, please take a taxi to your start point hotel.

If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Tour Operator (China):  
Head Office: +86 18122213686  
Beijing Office: +86 010-65128789 or +86 13379009576

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100  
Calls from UK: 0344 272 0000  
Calls from Germany: 0800 365 1000  
Calls from Australia: 1 300 796 618  
Calls from New Zealand: 0800 333 307  
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## What to Take

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What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

Do not bring any knives or swords into China (gifts or otherwise). If they do make it into the country, they will not be permitted on trains. If you purchase a knife or sword while travelling elsewhere before arriving in China your best option is to post/mail it home before entering the country as no post/mail companies in China will accept it as a parcel.

## Packing List

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### Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves
- Warm hat
- Warm layers

### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

#### Essentials:

- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

#### Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)
- Quick Covid Test/Antigen Test (optional)

#### Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)
- Sleeping bag liner/sleep sheet

#### Train Travel (Optional):

- Slip-on shoes
- Small container with lid
- Travel cutlery
- Travel or camp cup

#### Warm weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.

Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.



CHINA: all nationalities require a visa to visit China

Most nationalities also need an official Letter Of Invitation (LOI) before they can apply for their Chinese visa. If you require a Letter of Invitation (LOI) to apply for a Chinese visa, please fill out & submit the following request [form](#)

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

#### HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and you will be emailed your Chinese Invitation Letter (With day by day Itinerary) only once we are within 60 days of the trip start date.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

You must print out the full set of application forms including the 'Confirmation of Online Visa application' and 'Visa Application Form of the People's Republic of China'. All pages of each form must be printed out. The signature and date on the Confirmation Page and the 8th page of Visa Application Form of the People's Republic of China must be handwritten by the applicant themselves. Visa applicants under the age of 18 must be signed by their guardian while also adding a handwritten signature in the 'For person filling in the application on the applicant's behalf'.

Travellers must have at least two blank passport pages available for each country they will visit on your tour. These are required for entry & exit stamps.

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

As of April 2024 the exchange rate for China was 1 USD = 7.25 CNY (Chinese Yuan).

It is very uncommon to use cash in China. The most common payment methods are through apps such as Wechat Pay and Alipay. Therefore, we strongly suggest setting up either Wechat or Alipay on your device prior to coming to China. This will require you link a credit or debit card to these apps and also set up a data roaming package to use in China so that you can make payments locally. Please check the terms and conditions carefully when you set up account and payment. Credit cards may work with big vendors in first tier cities like Beijing, Shanghai or Hong Kong but it's not guaranteed and less likely to work in other cities or towns and small vendors.

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Departure Tax

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Departure Tax is included in all International and Domestic tickets in China.

## **Tipping**

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Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

## **Optional Activities**

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### Beijing

- Hutong Walk
- Temple of Heaven (40CNY per person)
- Summer Palace (60CNY per person)
- Lama Temple Visit (25CNY per person)
- Drum and Bell Tower Visit (30CNY per person)

### Mutianyu

- Cable Car at Great Wall (100-140CNY per person)
- Toboggan at Great Wall (100-140CNY per person)

### Xi'an

- The Great Mosque (25CNY per person)
- Big Goose Pagoda Visit (50CNY per person)
- Cycling Xi'an City Walls (45-45CNY per person)
- The Tang Dynasty Cultural Show with Dumpling Banquet (328CNY per person)
- Xi'an City Wall South Gate (54CNY per person)

## **Health**

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## **Safety and Security**

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that

any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## **Trip Specific Safety**

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## **A Couple of Rules**

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Travel Insurance**

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Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Planeterra Foundation - the non-profit partner of G Adventures**

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Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Local Dress

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In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tank tops when visiting temples or mosques or other holy sites.

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation - Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

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You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## International Flights

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.