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**Last Updated:** October 4, 2021

## Highlights of Scotland - EUEG

7 days: Edinburgh to Glasgow City

### What's Included

- Your Welcome Moment: Meet Your CEO and Group
- Edinburgh orientation walk
- Loch Ness cruise and Urquhart Castle visit
- Culloden Moor visit
- Eilean Donan Castle visit
- Dunvegan Castle and gardens visit
- Whisky distillery tour and tasting
- Glenfinnan Viaduct viewpoint
- Ben Nevis forest walk
- Glencoe visit
- All transport between destinations and to/from included activities

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing January 1st, 2021 and onwards

### Itinerary

**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

#### Day 1 Edinburgh

Arrive at any time.

We recommend arriving a few days early to explore Scotland's compact, hilly capital.

#### Your Welcome Moment: Meet Your CEO and Group

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### Optional Activities - Day 1

##### Edinburgh Gin Distillery

Edinburgh

Discover Edinburgh's rich history of gin production and heritage while exploring a working distillery. Learn about the history of gin, taking in Edinburgh's distilling past in an exhibition area. Experience up close how gin is made today using two working copper stills.

##### Traditional Cèilidh and Dinner

Edinburgh

Experience a traditional cèilidh, complete with Gaelic folk music, bagpipes and dancing, followed by a delicious Scottish meal including traditional haggis, porridge and oatcakes.

##### Edinburgh Food Tour

Edinburgh

Tour the narrow streets of Edinburgh while sampling some of its most famous dishes including Haggis, Neeps and Tatties. Learn about Scottish whiskey and end the tour with a traditional afternoon tea and local Scottish cakes.

### **Ghost Tours of Edinburgh**

Edinburgh

Explore Edinburgh's fascination with the underworld. Famous for witch burning, grave robbing and mysterious murders, this tour takes you down Edinburgh narrow alleyways and gruesome graveyards with plenty of stories to tell.

### **Accommodation**

#### **Stay City Edinburgh West End (or similar)**

Hotel

### **Day 2 Edinburgh/Inverness**

Enjoy an orientation walk of Edinburgh ending in the heart of the city, the Royal Mile. Opt to visit Edinburgh Castle, or explore the city on your own. In the afternoon, hop on a private transfer to the Highlands.

Please note that to visit Edinburgh Castle, you'll need to reserve a ticket. To guarantee entrance, we advise pre-purchasing your ticket on their website.

### **Edinburgh Orientation Walk**

Edinburgh

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs. For more specific or in-depth information, an official guided tour is recommended.

### **Private Vehicle**

Edinburgh – Inverness 3h45m-4h75km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Optional Activities - Day 2**

#### **Edinburgh Castle Visit**

Edinburgh

19.50GBP per person

A historic fortress dominating the skyline of the city from its position on Castle Rock, Edinburgh Castle is a must-see in the city. Explore the home of the Crown Jewels of Scotland, the Stone of Destiny and the National War Museum. Fee includes entrance to all attractions within Edinburgh Castle.

### **Meals included: Breakfast**

### **Accommodation**

#### **Glen Mhor Hotel Inverness (or similar)**

Hotel

### **Day 3 Inverness**

Welcome to the Highlands of Scotland. This morning, opt to visit Cairngorms National Park and enjoy a CEO-led hike in Glenmore Forest, ending in Loch Morlich Beach. Or, consider a kayaking excursion or a visit to a reindeer farm with a ranger.

After lunch, board a cruise towards Loch Ness. Experience the infamous "loch" by boat and learn about the history (and legend) surrounding its mysterious lake creature. Explore Urquhart Castle before returning to Inverness. En route, visit Culloden Moor, famous for the Jacobite rising of 1745.

### **Private Vehicle**

Inverness – Cairngorms National Park 1h60km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Private Vehicle**

Cairngorms National Park – Inverness 1h60km

Settle in and scan the scenery from the convenience of a private vehicle.

### **Loch Ness Cruise & Urquhart Castle Visit**

Inverness 2h-3h Afternoon

Enjoy a relaxing cruise along Loch Ness lake. This freshwater loch in the Scottish Highlands is best known for alleged sightings of Nessie, the fabled Loch Ness Monster. Visit Urquhart Castle, one of Scotland's largest castles at the centre of great conflict during its 500 years as a medieval fortress. Explore the history of this strategic fortress and the stories revolving around the power struggles between the Scots and English amidst the Wars of Independence.

### **Culloden Moor Visit**

Culloden Muir 1h-2h

Visit the infamous Culloden battlefield, site of the Battle of Culloden, known as the final confrontation of the Jacobite rising of 1745. Here, Jacobite forces of Charles Edward Stuart were decisively defeated by Hanoverian forces commanded by William Augustus, Duke of Cumberland which therefore put an end to the Jacobite rising. Explore the battlefield and moor at your own pace, or opt to join a guided tour.

### **Optional Activities - Day 3**

#### **Loch Morlich Beach Kayaking & Canoeing**

Cairngorms National Park

Loch Morlich enjoys one of the finest settings of any loch in the country. It is surrounded by forests and fringed by beaches. Choose to go kayaking and canoeing on this calm lake with the stunning backdrop of the often snow-clad peaks of the northern Cairngorms

#### **Cairngorms Reindeer Hill Trip**

Cairngorms National Park

The Cairngorm Reindeer Herd is Britain's only free-ranging herd of reindeer found in the Cairngorm mountains in Scotland. These tame and friendly animals are a joy to all who come and see them. With over 150 reindeer in the herd, join a guided Hill trip with an experienced reindeer herder visiting the mountainside where the main herds live year round.

#### **Glenmore Forest Hike**

Cairngorms National Park

Glenmore is a beautiful spot that holds one of the few remaining pockets of ancient Caledonian Pinewood in Scotland. Take an easy CEO-led hike through the forest ending in Loch Morlich with its long sandy beach.

### **Meals included: Breakfast**

### **Accommodation**

#### **Glen Mhor Hotel Inverness (or similar)**

Hotel

### **Day 4 Inverness/Fort William**

Discover the beautiful Isle of Skye. Enjoy a scenic drive to the Isle, stopping at the iconic Eilean Castle while en route for a snap of the old fortress. Once on the Isle, visit Sligachan, where you can spot the Black Cullin mountains in the background. Head north to visit Dunvegan Castle and its Gardens. In the evening, take a Ferry Armadale to Mallaig and enjoy some free time in Fort William.

### **Private Vehicle**

Inverness – Isle of Skye

Settle in and scan the scenery from the convenience of a private vehicle.

### **Dunvegan Castle and Gardens Visit**

Dunvegan

Dunvegan Castle is the oldest continuously inhabited castle in Scotland and has been the ancestral home of the Chiefs of clan MacLeod for 800 years. Visit this castle originally designed as a defence fortress and learn the history behind Scotland's clan system. Afterwards explore the five acres of the Castle's formal gardens on property. Explore the stark contrast to the barren moor land and mountains that dominate Skye's landscape by getting lost in a hidden oasis of an eclectic mix of plants, woodland glades and shimmering pools fed by waterfalls and streams flowing down to the sea.

### **Ferry**

Armadale – Mallaig

Get to the next spot on your route aboard a convenient and efficient ferry boat.

**Meals included: Breakfast**

**Accommodation**

**Muthu Fort William Hotel (or similar)**

Hotel

**Day 5 Fort William**

Visit the famous Glenfinnan Viaduct made famous by Harry Potter. Settle back at the viewpoint in time to see the Jacobite Steam train cross over the viaduct. Afterwards, stretch your legs with a forest walk in Ben Nevis followed by a distillery tour and whisky tasting at Ben Nevis Distillery. Continue on to explore Glencoe and learn about this key valley and its importance in Scotland's history.

**Private Vehicle**

Fort William5h-6h

Settle in and scan the scenery from the convenience of a private vehicle.

**Glenfinnan Viaduct Viewpoint**

Glenfinnan30m-1h

Glenfinnan attracts many thousands of visitors from around the world to experience the stunning scenery but also to catch a glimpse of the famous Jacobite steam train, also known as the Hogwart's Express in the Harry Potter novels and films, travel across the Glenfinnan viaduct. The viaduct carries the railway to Glenfinnan Station across an impressive 1,000 ft (305m) span, 100 ft (30m) above the ground.

**Ben Nevis Forest Walk**

Fort William1h30m-2h 3km

Ben Nevis is the highest mountain in the British Isles. Standing at 1,345 metres (4,412 feet 8¾ inches) above sea level, it is at the western end of the Grampian Mountains in the Lochaber area of the Scottish Highlands. Set off an easy hike through Achriabhach Forest beginning initially uphill and then continuing through tree-lined paths, passing a waterfall and reaching superb views across Glen Nevis.

**Ben Nevis Distillery Tour and Whisky Tasting**

Fort William1h-1h15m

Visit Ben Nevis Distillery, known for its location at the base of Ben Nevis, the tallest mountain in the British Isles, and for its exceptional whisky. Tour the distillery and enjoy a whisky tasting.

**Glencoe Visit**

Glencoe

Scotland's most famous and most scenic Highland glen, Glencoe is also steeped in history. Also known as the weeping valley, it was the site of the 1692 massacre of the MacDonald clan. Visit Rannoch Moor and the Black Mount and learn about the intricate history of this natural paradise.

**Optional Activities - Day 5**

**Glenfinnan Monument**

Glenfinnan

Raise your bonnet to the lone highlander on top of the Glenfinnan Monument. Framed by spectacular Highland scenery at the head of Loch Shiel, the Glenfinnan Monument is a striking tribute to those who fought in the Jacobite Risings. It commemorates the Jacobite clansmen who fought and gave their lives in support of Charles Edward Stuart, often called "Bonnie Prince Charlie".

**Meals included: Breakfast**

**Accommodation**

**Muthu Fort William Hotel (or similar)**

Hotel

**Day 6 Fort William/Glasgow City**

Head south towards Glasgow. Enjoy some free time to explore Scotland's largest city. Take time to explore this port city by visiting its museums, joining a brewery tour or jumping on a bike tour of the city.

## Private Vehicle

Glenfinnan – Glasgow City 3h 202km

Settle in and scan the scenery from the convenience of a private vehicle.

## Free Time

Glasgow City

Glasgow is a port city on the River Clyde in Scotland's western Lowlands. It's famed for its Victorian and art nouveau architecture, a rich legacy of the city's 18th–20th-century prosperity due to trade and shipbuilding. Today it's a national cultural hub, home to institutions including the Scottish Opera, Scottish Ballet and National Theatre of Scotland, as well as acclaimed museums and a thriving music scene.

## Optional Activities - Day 6

### Brewery Tour

Glasgow City

10GBP per person

Nestled in the historic heart of Glasgow, between the Cathedral and Necropolis, Drygate Brewing Co. can be found in a converted former box factory. Enjoy a through-the-glass tour and afterwards observe the brewery in action through the panoramic glass wall while sampling the finished product with a tasting of four beers.

### Glasgow Bike Tour

Glasgow City

30-35GBP per person

See Glasgow by bike on a 3-hour small-group tour of the city. Pedal from Glasgow's West End along the canal towpaths and cycle trails. Learn about the surroundings as you go, and check out many of the city's interesting sights. Glasgow Cathedral, the People's Palace, and Kelvingrove Art Gallery and Museum are a few of the landmarks that line the route.

### Kelvingrove Art Gallery and Museum

Glasgow City

Glasgow's Kelvingrove Art Gallery and Museum offers 22 galleries ranging from art to animals, Ancient Egypt to Charles Rennie Mackintosh.

## Meals included: Breakfast

## Accommodation

### Ibis Styles Glasgow Centre George Square (or similar)

Hotel

## Day 7 Glasgow City

Depart at any time.

## Meals included: Breakfast

## What's Included

Your Welcome Moment: Meet Your CEO and Group. Edinburgh orientation walk. Loch Ness cruise and Urquhart Castle visit. Culloden Moor visit. Eilean Donan Castle visit. Dunvegan Castle and gardens visit. Whisky distillery tour and tasting. Glenfinnan Viaduct viewpoint. Ben Nevis forest walk. Glencoe visit. All transport between destinations and to/from included activities.

## Highlights

Follow the historic Jacobite rising in Inverness, Learn about whisky-making with a tasting and guided tour, Opt to kayak among beautiful Scottish landscapes in Cairngorms National Park, Catch a glimpse of the highest mountain in the British Isles — Ben Nevis, See the viaduct in Glenfinnan made famous by Harry Potter, Uncover the legend of Loch Ness

## Dossier Disclaimer

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adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## **Itinerary Disclaimer**

While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## **Group Leader Description**

This G Adventures group trip is accompanied by one of our group leaders, otherwise known as a Chief Experience Officer (CEO). The CEO will be the group manager, leader and driver - this person is experienced in the routes travelled and will organize and lead the meal preparations and has experience in cooking a variety of local and international dishes for large groups.

As the group coordinator and manager, the aim of the CEO is to take the hassle out of your travels and to help you have the best trip possible. While not being guides in the traditional sense, you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. They will also offer suggestions for things to do and to see, recommend great local eating venues and introduce you to our local friends.

We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting - we think it's the best of both worlds.

## **Group Size Notes**

Max 16, avg 12

## **Meals Included**

6 breakfasts

## **Meals**

Eating is a big part of traveling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. On truck trips in Africa, aboard the M/S Expedition or our Galapagos yachts, while trekking in remote regions etc. food is included, plentiful and made of fresh local ingredients. The above information applies to G Adventures group trips. For Independent trips please check the itinerary for details of meals included. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **Transport**

Train, private vehicle, walking.

## **Solo Travellers**

We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Accommodation**

Hotels (6 nts).

## **My Own Room**

Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops.

Please be aware that single room accommodations in European hotels are often smaller, and may not be to the same service level as double-occupancy rooms.

## About Accommodation

On this trip you can expect to stay in small family-run hotels or pensions (with the exception of the start and finish hotels, which are often larger city hotels), which will vary a little in standard and facilities: some may not have elevators, air-conditioning or English-speaking staff, but most importantly all are locally-run, with some traditional character, and in excellent central locations to give you maximum time for exploring the sights. You can expect to find clean, safe, simple accommodation in convenient locations.

Note that most accommodation in Europe does not have air conditioning units in rooms. Air conditioning is not routinely installed in European homes and workplaces. However, nearly all hotels will provide a standing or desk fan for your room on hot nights. If you do not already have one in your room, please ask your CEO to organize one for you with reception.

## Joining Hotel

For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

## Joining Instructions

The Airport bus 100 or the tram from Edinburgh Airport to Haymarket train station where the hotel is just a short walk from the hotel. Alternatively there is also a direct tram from the Airport to Edinburgh City centre which stops at Haymarket Station. By taxi you can expect to pay £30 - £40 GBP depending on the traffic.

To arrange an arrival or departure transfer, we recommend you book through our preferred transfer provider - HolidayTaxis - by copying the link below into your web browser:

<https://partner.holidaytaxis.com/?ref=GADVE>

Choose from a range of transport options including both private and shared transfers at a discounted rate.

We advise that you book both your arrival and departure transfers in advance. Please make sure you have the following details before booking:

- Flight number
- Flight Arrival Time and Date
- Flight Departure Time and Date
- Passenger's Name
- Number of Passengers
- Email
- Valid Mobile Telephone Number
- Drop off and/or Pick Up Address

## Arrival Complications

We don't expect any problems, and nor should you, but if for any reason you are unable to commence your trip as scheduled, please refer to the emergency contact details provided in this dossier and contact us as soon as possible. If you have a pre-booked transfer, and you have not made contact with our representative within 30 minutes of clearing customs and immigration, we recommend that you make your own way to the Starting Point hotel, following the Joining Instructions. Please apply to your travel agent on your return for a refund of the transfer cost if this occurs.

## Emergency Contact

Should you need to contact us during a situation of dire need, it is best to first call our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### EMERGENCY CONTACT NUMBERS

G Adventures UK office (manned UK 8am - 8pm)  
+44 (0) 2072439878

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, from calls within North America only: 1 888 800 4100  
Calls from within UK: 0344 272 0000  
Calls from within Germany: 0800 365 1000  
Calls from within Australia: 1 300 796 618  
Calls from within New Zealand: 0800 333 307  
Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

For absolute emergencies after office hours please contact +44 7817 262559

## What to Take

We recommend using a backpack for your convenience, or a medium-sized suitcase if you prefer. A daypack is also essential for carrying everyday items. Space is limited on transportation, so there is a limit of one main piece of luggage per person. You will be responsible for carrying your own luggage. You must be prepared to carry your luggage up and down stairs, on and off transportation, and to hotels (max 15-20 mins.)

## Packing List

### Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Required visas or vaccination certificates (required) (With photocopies)
- Vouchers and pre-departure information (required)

### Essentials:

- Binoculars (optional)
- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Flashlight/torch (Headlamps are ideal)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

### Health & Safety:

- Face masks (required)
- Hand sanitizer (required)
- Pen (Please bring your own pen for filling out documents.)
- Rubber gloves

### Warm Weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## Visas and Entry Requirements

Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your responsibility to have the correct travel documentation. While we provide the following information in good faith, it is vital that you check yourself and understand that you are fully responsible for your own visa requirements.

All visitors to the EU (European Union) and EEC (European Economic Community) countries require a valid passport (with a minimum 6 months validity). USA, Canada, Australia and New Zealand passport holders do not need a visa to visit the Schengen area (see below), however they may not stay longer than three months in any 6-month period.

Please note that the UK and Ireland are NOT part of the Schengen agreement.

## Spending Money

Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also



remember the following specific recommendations when planning your trip.

## Emergency Fund

Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tipping

While conventions can vary from country to country, tipping is customary in Europe. A general rule is 10% of the bill for wait staff, and a smaller amount (€1 or €2) for other service providers.

Tipping is an expected - though not compulsory - component of your tour program, and an expression of satisfaction with the persons who have assisted you on your tour. Although it may not be customary to you, it is of considerable significance to the people who will take care of you during your travels. There are several times during the trip where there is opportunity to tip the local guides. You may do this individually, or your CEO will offer to collect the money and tip as a group. Recommendations for tipping local guides would range from €3-5 per day, depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture.

At the end of each trip, if you felt your G Adventures CEO did an outstanding job, tipping is expected and appreciated. The precise amount is a personal preference, however €30-€40 per person, per week can be used as a guideline.

## Optional Activities

### Edinburgh

- Ghost Tours of Edinburgh
- Edinburgh Gin Distillery
- Traditional Cèilidh and Dinner
- Edinburgh Food Tour
- Edinburgh Castle Visit (19.50GBP per person)

### Cairngorms National Park

- Loch Morlich Beach Kayaking & Canoeing
- Glenmore Forest Hike
- Cairngorms Reindeer Hill Trip

### Glenfinnan

- Glenfinnan Monument

### Glasgow City

- Glasgow Bike Tour (30-35GBP per person)
- Brewery Tour (10GBP per person)
- Kelvingrove Art Gallery and Museum

## Safety and Security

Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## A Couple of Rules

Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter and in particular the local people who make the world the special place it is. The exploitation of people in the sex trade is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they utilize the services of paid sex workers, in any capacity.

## Travel Insurance

Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## Planeterra Foundation - the non-profit partner of G Adventures

Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## Feedback

After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customerservice@gadventures.com](mailto:customerservice@gadventures.com) and we will send it on to you.

## Newsletter

Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## International Flights

Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.