

## China Uncovered - ACYS

9 days: Chengdu to Shanghai

### What's Included

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- Your G for Good Moment: Jia Community Restaurant, Yangshuo
- Your Welcome Moment: Welcome Moment - Meet Your CEO and Group
- Leshan Giant Buddha Visit
- Hike around Emei Shan
- Yangshuo Orientation Walk
- Xing Ping Li River Bamboo Raft
- Jia Community Restaurant
- Free time in Emei Shan, Yangshuo, Shanghai
- Orientation walk in Shanghai
- The Bund Visit
- Shanghai Museum

The information in this trip details document has been compiled with care and is provided in good faith. However it is subject to change, and does not form part of the contract between the client and G Adventures. The itinerary featured is correct at time of printing. It may differ slightly to the one in the brochure. Occasionally our itineraries change as we make improvements that stem from past travellers, comments and our own research. Sometimes it can be a small change like adding an extra meal along the itinerary. Sometimes the change may result in us altering the tour for the coming year. Ultimately, our goal is to provide you with the most rewarding experience. Please note that our brochure is usually released in November each year. If you have booked from the previous brochure you may find there have been some changes to the itinerary.

**VERY IMPORTANT:** Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

**VALIDITY:** Valid for all trips departing May 30th, 2024 and onwards

### Itinerary

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**NOTE:** Accommodations vary per departure and are subject to change until tour start date; they are not final and should be used as examples only. Travellers may login to the G Adventures App to view accommodations specific to their departure.

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#### Day 1 Chengdu

Arrive at any time. Attend a welcome meeting in the evening followed by an orientation walk with your CEO in the area of Chengdu near the joining hotel. There will be an optional group dinner afterwards at a local restaurant.

#### **Your Welcome Moment: Welcome Moment - Meet Your CEO and Group**

Your opportunity to meet your CEO and fellow travellers, and learn more about your tour. Opt to join the group for a local meal afterwards. Don't forget to see the notice in the lobby (or ask reception) for the official time and place to meet up with the group.

#### **Accommodation**

#### **Rongcheng Hotel (or similar)**

Hotel

#### Day 2 Chengdu/Emei Shan

Travel from Chengdu to Leshan this morning in a private vehicle. Upon arrival the group will have time to grab lunch on their own before the included visit to the Giant Buddha. The building of the monument began in the year 713 and finished in the year 803 taking more than 90 years to carve. Thousands of workers expended their efforts on the project. Then, drive to the foot of Mt. E'mei, located southwest of Sichuan Basin. Continue to the monastery.

#### **Leshan Giant Buddha Visit**

Leshan

See centuries-old Dafo, the largest Buddha in the world, from a number of viewpoints. Opt to board a boat and head out into the Mingjiang River to get an overall view of the statue from afar. Explore carvings and temples before climbing down the path that travels from the statue's head to its enormous toes.

#### **Free Time**

Emei Shan

The evening is yours to explore the area around Mt. E'Mei and learn more about the region.

#### **Private Vehicle**

Chengdu - Emei Shan

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Accommodation**

**Chanlin Inn (or similar)**

Hotel

#### **Day 3 Emei Shan**

Take the shuttle bus to Wannian Monastery Parking lot for the start of today's hike. Walk to Qingyin Ge, Guangfo Monastery, Fu hu Monastery, Shengshui Ge, Chun Yang Dian, Lei Yin Monastery. Finish at the WuXianGang Parking lot where the group can take the shuttle back to Baoguo Monastery, or choose to keep hiking to Fuhu Nunnery, then walking back to Baoguo Monastery. There will be free time before an optional group dinner in the evening.

#### **Hike around Emei Shan**

6h-10h

Learn more about the significance of the area. Spend a full day exploring the monasteries, stunning vistas and sites of Mt Emei.

Emei Shan Hike takes 6h-10h. Lace up your hiking boots for treks around Emei Shan.

#### **Accommodation**

**Chanlin Inn (or similar)**

Hotel

#### **Day 4 Emei Shan/Yangshuo**

Travel by private vehicle to Leshan train station and hop on a bullet train to Yangshuo. Upon arrival, transfer to the hotel, get settled, and then go on a CEO-led orientation walk before an optional group dinner.

#### **Yangshuo Orientation Walk**

Yangshuo

Enjoy a brief walk with your CEO. He/she will give you some tips on finding things like supermarkets, main squares, and ATMs.

#### **Bullet Train**

Leshan - Yangshuo

Get to your next destination faster than the speed of light (ok maybe not that fast) aboard a high-speed train.

#### **Private Vehicle**

Emei Shan - Leshan 45m

Settle in and scan the scenery from the convenience of a private vehicle.

#### **Accommodation**

**Zhangtai Heju Hotel Ubud Town (or similar)**

Hotel

#### **Day 5 Yangshuo**

Drive to Xingping pier and navigate the stunning Li River on a bamboo raft. Afterwards, take the local ferry across the river to get to the Dabeicun Village. Set off on a short walking tour led by your CEO. End the walk at the Jia Community Restaurant where the group will have lunch.

#### **Xing Ping Li River Bamboo Raft**

Yangshuo 1h30m 10km

Get on a local boat (called a bamboo raft) and enjoy the gentle ride along the Xingping section, known as the most beautiful portion of the Li River.

#### **Free Time**

Yangshuo

Spend a free time this afternoon to explore Yangshuo on your own. Opt for available activities in the area like a Tea Farm Visit, try Tai Chi, take part in a cooking class, or go to a light show.

### **Your G for Good Moment: Jia Community Restaurant**

Enjoy a traditional Chinese meal served by rural women working to create new opportunities for their families. Since the migration of men to urban centres is common in rural regions, women and children now have a safe place to gather and learn together at Community Corners, created by the Rural Women's Development Foundation. In Liandaowan Village, you'll enjoy a meal and support women developing new work skills to become self-reliant. This initiative helps to create meaningful employment alternatives to agriculture as a source of income.

### **Optional Activities - Day 5**

#### **Impression Liu Sanjie Culture Show**

Yangshuo

298CNY per person

When the sun goes down, the Li River lights up for the 'Impression of Liu Sanjie' light show. The show consists of 7 episodes: the Prelude, Red Impression, Green Impression, Golden Impression, Blue Impression, Silvery Impression and the Epilogue. Each scene in the show is more spectacular and breathtaking than the last and is made up of 600 actors and actresses, colourful stage lights, and special-effect smoke systems. Watch the moonlight dance along the Li River combined with colourful lights and dancers as the show plays on!

#### **Central Chinese Cooking Class - Yangshuo**

Yangshuo

Calling all foodies! Get an inside look at real Chinese food with a tour of the Yangshuo market to learn about the ingredients used in the Yangshuo area. Afterward, learn to cook Chinese food in a traditional Chinese farmhouse in the beautiful countryside just outside Yangshuo. After the cooking class you can sit down and enjoy the delicious dishes you have prepared.

#### **Tai Chi Class**

Yangshuo

100CNY per person

Start the day early with a private Tai Chi class led by a local expert. This weaving together of calming yoga and meditation is practiced by millions daily throughout China and around the world. Learn the basic principles and moves of this ancient practice and start to discover firsthand why Tai Chi is revered for such health benefits as stress relief, improved balance and circulation, and overall well-being.

### **Meals included: Lunch**

#### **Accommodation**

#### **Zhangtai Heju Hotel Ubud Town (or similar)**

Hotel

### **Day 6 Yangshuo**

Enjoy free time for more activities and to explore this beautiful area. Opt to join a cycling tour through the countryside which includes lunch with a local family.

#### **Free Time**

Yangshuo

There's plenty to see and do in Yangshuo. Feel free to relax or try optional activities like taking a tai chi lesson, indulging in a traditional massage, and checking out the Li River Light Show. Your CEO has more ideas if you need them. Just ask!

### **Optional Activities - Day 6**

#### **Yangshuo Guided Cycle Tour**

Yangshuo 4h-5h 10km

200CNY per person

Follow the guide and cycle over the flat(ish) landscape past rice paddies, local farmers, and water buffalo. Marvel at the limestone karsts and hear the legends of how they came to be. Stop for lunch at the house of a local family for a tasty meal made from freshly grown produce.

#### **Moon Hill Entrance and Hike**

Yangshuo

15CNY per person

Enjoy a hike up to Moon Hill, one of Yangshuo's most popular attractions. This karst hill has a huge hole through the middle that's shaped like the moon, hence its name. The views of the surrounding countryside from the hill are spectacular -- it's worth the climb!

#### **Accommodation**

#### **Zhangtai Heju Hotel Ubud Town (or similar)**

Hotel

## Day 7 Yangshuo/Shanghai

Catch a flight to Shanghai today and arrive in the late afternoon. Take an orientation walk down one of the city's most famous streets, Nanjing Road and The Bund, a famous waterfront on the west bank of Huangpu River with a great view of the city's skyline. During winter months, take an evening flight to Shanghai and enjoy a free morning in Yangshuo.

### Private Vehicle

Yangshuo – Guilin Liangjiang International Airport 1h-1h30m 85km  
Settle in and scan the scenery from the convenience of a private vehicle.

### Plane

Guilin Liangjiang International Airport – Shanghai 2h30m 1500km  
Catch a flight from Yangshuo to Shanghai.

### Orientation Walk

Shanghai 1h

Take a stroll along the Bund, a main road that follows the Huangpu River, with your CEO. This is a great opportunity to get a layout of the city and figure out what you want to explore next.

### The Bund Visit

Shanghai 1h

Take a stroll along the Bund, a waterfront area in the central part of Shanghai, and enjoy its spectacular array of Art Deco style buildings. Shanghai has one of the best collections of Art Deco architecture in the world, so enjoy this magnificent sight.

### Accommodation

#### Zhen Yue Hotel (or similar)

Hotel

## Day 8 Shanghai

Temples, markets, gardens and colonial enclaves are around every corner. Spend some time immersed in Shanghai today. Start with a visit to the Shanghai Museum, one of the best in the country. Then, take the metro to Yuyuan Gardens for an optional visit and walk around the grounds. The remainder of the afternoon is free for optional activities in the area. There will be an optional group dinner in the evening.

### Shanghai Museum

Shanghai 1h30m

Visit Shanghai Museum, home to a world-class collection of ancient Chinese art. Tour individual galleries devoted to such items as sculpture, bronze, ceramics, jade, coins, Ming and Qing Dynasty furniture, paintings, and calligraphy. Stop at the gift shop on your way out.

### Free Time

Shanghai

Enjoy free time in this bustling city.

### Optional Activities - Day 8

#### Yuyuan Garden

Shanghai

40CNY per person

Explore this tranquil, 400-year-old, five-acre garden. Climb to the top of the Rockery to see the greenery from above. Check out the Jade Rock and watch the swarms of goldfish swim around in the ponds. With multiple pavilions and halls there's plenty to see. Depending on when you visit there may be flower shows or tea ceremonies in the area. Opt to visit the bustling market located outside the gardens and hone your bargaining skills.

#### Shanghai Acrobatic Performance

Shanghai

Enjoy a Chinese acrobatic show with tumbling, balancing and plate-spinning and amazing contortionists—truly not to be missed!

#### Shanghai Tower

Shanghai

180CNY per person

Shanghai Tower is a 128-story, 632-meter-tall skyscraper in Lujiazui, Pudong, Shanghai. Visit the tower and see impressive views of the city skyline.

### Accommodation

#### Zhen Yue Hotel (or similar)

Hotel

## Day 9 Shanghai

Depart at any time.

## What's Included

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Your G for Good Moment: Jia Community Restaurant, Yangshuo  
Your Welcome Moment: Welcome Moment - Meet Your CEO and Group. Leshan Giant Buddha Visit. Hike around Emei Shan. Yangshuo Orientation Walk. Xing Ping Li River Bamboo Raft. Jia Community Restaurant. Free time in Emei Shan, Yangshuo, Shanghai. Orientation walk in Shanghai. The Bund Visit. Shanghai Museum.

## Highlights

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Travel off the beaten path to Mt Emei, Spend time in Chengdu and Shanghai, Ride a bamboo raft down the Li River.

## Dossier Disclaimer

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VERY IMPORTANT: Please ensure that you print a final copy of your Trip Details to review a couple of days prior to travel, in case there have been changes that affect your plans.

## Itinerary Disclaimer

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While it is our intention to adhere to the route described below, there is a certain amount of flexibility built into the itinerary and on occasion it may be necessary, or desirable to make alterations. The itinerary is brief, as we never know exactly where our journey will take us. Due to our style of travel and the regions we visit, travel can be unpredictable. The Trip Details document is a general guide to the tour and region and any mention of specific destinations or wildlife is by no means a guarantee that they will be visited or encountered. Aboard expedition trips visits to research stations depend on final permission.

Additionally, any travel times listed are approximations only and subject to vary due to local circumstances.

## Important Notes

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1. Please note while traveling through mainland China you will not be able to access some popular internet websites. It's important to let your family and friends know that you might not be able to stay in touch over your usual methods, be it - social media or email. The Chinese Government restricts certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, Whatsapp etc. It may be possible to still access some of these websites using a VPN. If you wish to stay in touch with your friends and family through the above blocked sites, we suggest you research installing a suitable VPN on your device prior to travel or turn on your data roaming if needed.

### 2. INTERNET ACCESS

Please note while traveling through mainland China you will not be able to access some popular internet websites, certain websites such as Google, Dropbox, Gmail, Facebook, Instagram, Twitter, WordPress, etc. It may be possible to access some of these websites using a VPN. If you wish to use above blocked sites, we suggest you get a suitable VPN on your device prior to travel.

### 3. LUGGAGE

As we use (sometimes crowded) local transport please note backpacks are much more suitable than suitcases for this style of trip. Train travel means that bags have to be stowed either overhead or under beds, so travelling as light as possible is recommended.

## Group Leader Description

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All our G Adventures group trips are accompanied by a G Adventures Chief Experience Officer (CEO) in China. The aim of the group leader is to take the hassle out of your travels and to help you have the best trip possible. They will provide information on the places you are travelling through, offer suggestions for things to do and see, recommend great local eating venues and introduce you to our local friends. While

not being guides in the traditional sense you can expect them to have a broad general knowledge of the countries visited on the trip, including historical, cultural, religious and social aspects. We also use local guides where we think more specific knowledge will add to the enjoyment of the places we are visiting – we think it's the best of both worlds.

## **Group Size Notes**

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Max 16, avg 12.

## **Meals Included**

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1 lunch

## **Meals**

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Eating is a big part of travelling. Travelling with G Adventures you experience the vast array of wonderful food that is available out in the world. Generally meals are not included in the trip price when there is a choice of eating options, to give you the maximum flexibility in deciding where, what and with whom to eat. It also gives you more budgeting flexibility, though generally food is cheap. Our groups tend to eat together to enable you to taste a larger variety of dishes and enjoy each other's company. There is no obligation to do this though. Your CEO will be able to suggest favourite restaurants during your trip. Breakfast in China will usually be Asian style consisting of noodles or congee (rice porridge) or bread and eggs. Vegetarians will be able to find a range of different foods, although in some areas the choice maybe limited. While trekking in remote regions food is included, plentiful and made of fresh local ingredients. For all trips please refer to the meals included and budget information for included meals and meal budgets.

## **Transport**

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Train, private vehicle, boat, walking, plane.

## **Local Flights**

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All local flights are included in the cost of your tour unless otherwise noted. It is important that we have your passport information at the time of booking in order to process these tickets. Internal flight tickets are issued locally and will be given to you prior to the flight departure.

## **Solo Travellers**

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We believe solo travellers should not have to pay more to travel so our group trips are designed for shared accommodation and do not involve a single supplement. Single travellers joining group trips are paired in twin or multi-share accommodation with someone of the same sex for the duration of the trip. Some of our Independent trips are designed differently and solo travellers on these itineraries must pay the single trip price.

## **Accommodation**

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Hotels (8 nights).

## **My Own Room**

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Please note that if you have booked the "My Own Room" option for this tour, you will receive your own single room for all night stops

## **Joining Instructions**

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For details of your joining hotel please refer to your tour voucher, G Account, the G Adventures App or contact your travel agent.

If you would like to book an airport Arrival transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

If you have paid in advance for an arrival transfer, a G Adventures representative will be at the airport to meet you. If for any reason you are not met at the airport, please call our local support line. If you are unable to make contact for whatever reason, please make your way to the joining point hotel via taxi.

If you have not pre-booked an arrival transfer with G Adventures, you can take the metro or airport bus.

Please note that day 1 is an arrival day and no activities have been planned on this day.

Upon arrival to your Joining Hotel (note that check-in time will be in the afternoon), look for a note or bulletin board in the reception with a note from your CEO. This note will give the details of your Welcome Meeting on day 1 (usually between 5pm and 7pm), where you will get a chance to meet your CEO and

other travellers, as well as learn more about how the tour will run. If you don't see a note, please ask reception for details!

If you are arriving later and will miss the Welcome Meeting, your CEO will leave a note at reception for you with any information you may need, and with morning instructions for the next day.

## Emergency Contact

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Should you need to contact us during a situation of dire need, it is best to first call either the G Adventures Local Representative (if one is listed below) or our G Adventures Local Office. If for any reason you do not receive an immediate answer, please leave a detailed message and contact information, so they may return your call and assist you as soon as possible.

### AIRPORT TRANSFER

If you have purchased an arrival through G Adventures or if an arrival transfer is included in the cost of your tour, please note that:

Your arrival transfer has been arranged based on flight information provided to us. If your arrival transfer does not arrive within 30 minutes after you have exited the arrivals area please call or go to the information centre and ask the staff there to help to call our local G Adventures Transfer provider directly at: +86 18122213686 - if the driver cannot arrive anytime soon, please take a taxi to your start point hotel.

If you are advised of a flight schedule change or flight cancellation within 48 hours of your scheduled arrival time, please call the emergency contact number to advise of your new arrival flight information. If you do not, we will not be able to rearrange your arrival transfer and you will need to make your own way to the starting hotel at your own expense.

### EMERGENCY CONTACT NUMBERS

G Adventures Local Tour Operator (China):

Head Office: +86 18122213686

Beijing Office: +86 010-65128789 or +86 13379009576

If you are unable for any reason to contact our local office, please call the numbers listed below which will connect you directly with our Sales team who will happily assist you. Hours of operation by region can be found [here](#).

Toll-free, North America only: 1 888 800 4100

Calls from UK: 0344 272 0000

Calls from Germany: 0800 365 1000

Calls from Australia: 1 300 796 618

Calls from New Zealand: 0800 333 307

Outside North America, Australia, New Zealand, Germany and the UK: +1 416 260 0999

## Finishing Point Instructions

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If you would like to book an airport Departure transfer for your tour, please contact our Sales Team or your Travel Agent in advance of travel.

## What to Take

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What you need to bring depends on the trip you have chosen and the countries or regions you are planning to visit. We suggest that you pack as lightly as possible as you are expected to carry your own luggage. As a rule we try not to have to walk more than 15-20 minutes with your bags which is why we recommend keeping the weight of your bags between 10-15kg/22-30lb. Suitcases are not recommended for G Adventures trips! Most travellers carry a backpack or rolling bag of small to medium size (no XXL ones please!) as they need to fit under the beds when travelling on sleeper trains. You will also need a day pack/bag to carry water, cameras and other electronics like ipods and mobile phones.

Do not bring any knives or swords into China (gifts or otherwise). If they do make it into the country, they will not be permitted on trains. If you purchase a knife or sword while travelling elsewhere before arriving in China your best option is to post/mail it home before entering the country as no post/mail companies in China will accept it as a parcel.

## Packing List

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Cold weather:

- Long-sleeved shirts or sweater
- Scarf
- Warm gloves

- Warm hat
- Warm layers

Documents:

- Flight info (required) (Printouts of e-tickets may be required at the border)
- Insurance info (required) (With photocopies)
- Passport (required) (With photocopies)
- Vouchers and pre-departure information (required)
- Visas or vaccination certificates (With photocopies)

Essentials:

- Camera (With extra memory cards and batteries)
- Cash, credit and debit cards
- Day pack (Used for daily excursions or short overnights)
- Ear plugs
- First-aid kit (should contain lip balm with sunscreen, sunscreen, whistle, Aspirin, Ibuprofen, bandaids/plasters, tape, anti-histamines, antibacterial gel/wipes, antiseptic cream, Imodium or similar tablets for mild cases of diarrhea, rehydration powder, water purification tablets or drops, insect repellent, sewing kit, extra prescription drugs you may be taking)
- Fleece top/sweater
- Footwear
- Hat
- Locks for bags
- Long pants/jeans
- Moneybelt
- Outlet adapter
- Personal entertainment (Reading and writing materials, cards, music player, etc.)
- Reusable water bottle
- Shirts/t-shirts
- Sleepwear
- Small travel towel
- Sunglasses
- Toiletries (Preferably biodegradable)
- Watch and alarm clock
- Waterproof backpack cover
- Windproof rain jacket

Health & Safety:

- Hand sanitizer (required)
- Face masks (Clients will be only be required to wear a face mask where it is mandated by local regulations.)
- Pen (Please bring your own pen for filling out documents.)

Light Hiking:

- Hiking boots/sturdy walking shoes
- Hiking pants (Convertible/Zip-off and quick dry recommended)

Train Travel (Optional):

- Slip-on shoes
- Small container with lid
- Travel cutlery
- Travel or camp cup

Warm weather:

- Sandals/flip-flops
- Shorts/skirts (Longer shorts/skirts are recommended)
- Sun hat/bandana
- Swimwear

## Visas and Entry Requirements

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All countries require a valid passport (with a minimum 6 months validity). Contact your local embassy or consulate for the most up-to-date visa requirements, or see your travel agent. It is your own responsibility to have the correct travel documentation. Visa requirements for your trip will vary depending on where you are from and where you are going. We keep the following information up to date as far as possible, but rules do change and sometimes without warning. While we provide the following information in good faith, it is vital that you check the information yourself and understand that you are fully responsible for your own visa requirements.



Visa information specific to your destination and nationality can be found in our Important Pre-Departure Information page [here](#)

Please note that visas are the responsibility of the individual traveller. The visa requirements for your trip vary depending on where you are from and where you are going. We keep the following information up to date as much as possible, but rules do change. It is important that you check for yourself with the embassy of each country. Your travel agent can assist. Please, keep in mind that all countries require passports valid for at least 6 months from the moment of departure from the country.

#### CHINA:

If you require a visa to enter China, you may also need an official Letter Of Invitation (LOI) before you can apply for your Chinese visa. If you require a Letter of Invitation (LOI) to apply for a Chinese visa, please fill out & submit the following request [form](#)

You can obtain the LOI through our visa support agent in China. The visa support link you need to complete will be sent to you or your travel agent by email when you confirm your booking. You must read the instructions carefully and fill out all the details.

Please ensure that you list the same details as appear on your LOI when filling out your Chinese Visa Application form.

#### HOW TO FILL IN CHINA LOI FORM ONLINE:

As Chinese visas are dated specifically for entry and exit, please ensure you enter the correct dates as per your flights entering and exiting China. Please remember to put exactly the same dates when you fill out the application at the Chinese embassy. You will need to provide additional documentation to the consulate (i.e. flights tickets, hotel reservations) if these dates fall outside the duration of the tour.

Please do not submit the below application until 3 months prior to your entry into China. The details will be forwarded to our local agent in China and you will be emailed your Chinese Invitation Letter (With day by day Itinerary) only once we are within 60 days of the trip start date.

Once you have received your LOI you can apply for your visa by going to the nearest Chinese embassy. Please, remember that it is your responsibility to check whether passport details, name spelling and dates on the LOI are correct.

You must print out the full set of application forms including the 'Confirmation of Online Visa application' and 'Visa Application Form of the People's Republic of China'. All pages of each form must be printed out. The signature and date on the Confirmation Page and the 8th page of Visa Application Form of the People's Republic of China must be handwritten by the applicant themselves. Visa applicants under the age of 18 must be signed by their guardian while also adding a handwritten signature in the 'For person filling in the application on the applicant's behalf'.

Travellers must have at least two blank passport pages available for each country they will visit on your tour. These are required for entry & exit stamps.

## Spending Money

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Every traveller is different and therefore spending money requirements will vary. Some travellers may drink more than others while other travellers like to purchase more souvenirs than most. Please consider your own spending habits when it comes to allowing for drinks, shopping and tipping. Please also remember the following specific recommendations when planning your trip.

## Money Exchange

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As currency exchange rates in Asia fluctuate often we ask that you refer to the following website for daily exchange rates: [www.xe.com](http://www.xe.com).

As of April 2024 the exchange rate for China was 1 USD = 7.25 CNY (Chinese Yuan).

It is very uncommon to use cash in China. The most common payment methods are through apps such as Wechat Pay and Alipay. Therefore, we strongly suggest setting up either Wechat or Alipay on your device prior to coming to China. This will require you link a credit or debit card to these apps and also set up a data roaming package to use in China so that you can make payments locally. Please check the terms and conditions carefully when you set up account and payment. Credit cards may work with big vendors in first tier cities like Beijing, Shanghai or Hong Kong but it's not guaranteed and less likely to work in other cities or towns and small vendors.

## Emergency Fund

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Please also make sure you have access to at least an additional USD \$200 (or equivalent) as an 'emergency' fund, to be used when circumstances outside our control (ex. a natural disaster) require a change to our planned route. This is a rare occurrence!

## Tippling

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Traditionally in China tipping is not expected and thus there is no need to tip in restaurants and your general interaction with locals; however, tipping is customary - though not compulsory - in the tourism industry and not only shows an expression of satisfaction it may also be of considerable significance to the people who will take care of you during your travels. There are times during the trip where there is opportunity to tip the local guides or drivers we use. You may do this individually, or your CEO may offer to collect the money and tip as a group.

Recommendations for tipping drivers and local guides would range from 1 to 3 USD per person per day depending on the quality and length of the service; ask your CEO for specific recommendations based on the circumstances and culture. A suggestion would be for each group member to contribute anonymously by putting their tip into an envelope. This often works the best and the group as a whole should gather to present the gift to the recipient(s), offering their thanks and showing their appreciation. This method brings the action out into the open, allowing for a friendly and appreciative interaction between the group and the recipient(s).

Also at the end of each trip if you felt your G Adventures CEO did an outstanding job tipping is appreciated. The amount is entirely a personal preference, however as a guideline \$5 USD per person per day can be used.

## Optional Activities

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### Yangshuo

- Impression Liu Sanjie Culture Show (298CNY per person)
- Central Chinese Cooking Class - Yangshuo
- Tai Chi Class (100CNY per person)
- Yangshuo Guided Cycle Tour (200CNY per person)
- Moon Hill Entrance and Hike (15CNY per person)

### Shanghai

- Yuyuan Garden (40CNY per person)
- Shanghai Acrobatic Performance
- Shanghai Tower (180CNY per person)

## Health

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Please note inoculations may be required for the country visited. It is your responsibility to consult with your travel doctor for up to date medical travel information well before departure.

You should consult your doctor for up-to-date medical travel information well before departure. We recommend that you carry a First Aid kit and hand sanitizers / antibacterial wipes as well as any personal medical requirements. Please be aware that sometimes we are in remote areas and away from medical facilities, and for legal reasons our leaders are prohibited from administering any type of drug including headache tablets, antibiotics, etc. In Asia pharmacies tend to stock the same western drugs as you get at home but they are usually produced locally so please bring the full drug name with you when trying to purchase a prescription drug. When selecting your trip please carefully read the brochure and itinerary and assess your ability to cope with our style of travel. Please refer to the Physical and Culture Shock ratings for trip specific information. G Adventures reserves the right to exclude any traveller from all or part of a trip without refund if in the reasonable opinion of our CEO they are unable to complete the itinerary without undue risk to themselves and/or the rest of the group.

## Safety and Security

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Many national governments provide a regularly updated advice service on safety issues involved with international travel. We recommend that you check your government's advice for their latest travel information before departure. We strongly recommend the use of a neck wallet or money belt while travelling, for the safe keeping of your passport, air tickets, travellers' cheques, cash and other valuable items. Leave your valuable jewellery at home - you won't need it while travelling. Many of the hotels we use have safety deposit boxes, which is the most secure way of storing your valuables. A lock is recommended for securing your luggage. When travelling on a group trip, please note that your group leader has the authority to amend or cancel any part of the trip itinerary if it deemed necessary, due to safety concerns. Your Chief Experience Officer (CEO) will accompany you on all included activities. During your trip you will have some free time to pursue your own interests, relax and take it easy and explore at your leisure. While your CEO will assist you with options available in a given location, please note that any optional activities you undertake are not part of your itinerary, and we offer no representations about the safety of the activity or the standard of the operators running them. Please use your own good judgement when selecting an activity in your free time. Although the cities visited on tour are generally safe during the day, there can be risks to wandering throughout any major city at night. It is our recommendation to stay in small groups and to take taxis to and from restaurants, or during night time excursions.

Water based activities have an element of danger and excitement built into them. We recommend only participating in water based activities when accompanied by a guide(s). We make every reasonable effort to ensure the fun and adventurous element of any water based activities (in countries with varying degrees of operating standards), have a balanced approach to safety. It is our policy not to allow our CEOs to make arrangements on your behalf for water based activities that are not accompanied by guide(s).

Swimming, including snorkeling, is always at your own risk. [Read more about travel safety](#) for ways to further enhance your personal safety while traveling.

## **Trip Specific Safety**

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## **A Couple of Rules**

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Illegal drugs will not be tolerated on any trips. Possessing or using drugs not only contravenes the laws of the land but also puts the rest of the group at risk. Smoking marijuana and opium is a part of local culture in some parts of the world but is not acceptable for our travellers. Our philosophy of travel is one of respect towards everyone we encounter, and in particular the local people who make the world the special place it is. The exploitation of prostitutes is completely contrary to this philosophy. Our CEOs have the right to expel any member of the group if drugs are found in their possession or if they use prostitutes.

## **Travel Insurance**

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Travel insurance is compulsory in order to participate on any of our trips. When travelling on a group trip, you will not be permitted to join the group until evidence of travel insurance has been sighted by your leader, who will take note of your insurance details. When selecting a travel insurance policy we require that at a minimum you are covered for medical expenses including emergency evacuation and repatriation. A minimum coverage of USD200,000 is required. G Adventures can provide you with the appropriate coverage. We strongly recommend that the policy also covers personal liability, cancellation, curtailment and loss of luggage and personal effects. Some tours include adventure activities that require extra coverage (e.g. crampon use); please review your itinerary and make sure that you are covered for all included activities. If you have credit card insurance we require proof of purchase of the trip (a receipt of credit card statement) with a credit card in your name. Contact your bank for details of their participating insurer, the level of coverage and emergency contact telephone number.

## **Planeterra Foundation - the non-profit partner of G Adventures**

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Planeterra International Foundation is a non-profit organization committed to turning travel into impact by helping local communities earn an income from tourism. Planeterra connects underserved local communities to the benefits of tourism by developing and supporting small community-owned businesses. These businesses support Indigenous people, empower women, grant youth access to employment opportunities, and protect the environment. Planeterra also works to ensure these businesses have a thriving customer base by integrating their projects into G Adventures' itineraries globally.

G Adventures is Planeterra's largest corporate donor, covering all operating costs, so 100% of your donation will bring opportunity to people in need.

G Adventures Dollar-a-day Program - Make Every Day Count - Turn your travel into impact with [Planeterra Foundation](#).

Did you know? Most communities around the world do not benefit from tourism. Give back to the places you visit on your travels by creating opportunities for local people to earn an income, and protect the environment.

Make every day count by donating \$1/day for the length of your trip, and join us in empowering the communities you will visit when you travel. 100% of your donation goes directly to Planeterra projects.

## **Local Dress**

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In Asia the dress standard is more conservative than it is back home. When packing try to pick loose, lightweight, long clothing that will keep you cool in the usually hot and humid climate of Asian summers. In predominately Buddhist countries we ask that you dress respectfully and avoid very short shorts/skirts and singlets/tanktops when visiting temples or mosques or other holy sites.

## Feedback

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After your travels, we want to hear from you! Your feedback information is so important to us that we'll give you 5% off the price of your next G Adventures trip if your feedback is completed on-line within 30 days of finishing your trip. Your tour evaluation will be e-mailed to you 24 hours after the conclusion of your trip. If you do not receive the tour evaluation link in the days after your tour has finished, please drop us a line at [customersolutions@gadventures.com](mailto:customersolutions@gadventures.com) and we will send it on to you.

## Newsletter

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Our adventure travel e-newsletter is full of travel news, trip information, interesting stories and contests. To avoid missing out on special offers and updates from G Adventures, subscribe at [www.gadventures.com/newsletters/](http://www.gadventures.com/newsletters/)

Stay current on how our company invests in our global community through our foundation – Planeterra. Sign up for [Planeterra's monthly news](#) to learn more about how to give back and support the people and places we love to visit.

## Minimum Age

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You must be 18 to travel unaccompanied on a G Adventures tour. For minors travelling with a guardian over 21 years old, the minimum age is 12.

## International Flights

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Check-in times and baggage allowances/restrictions vary by airline and can change at any time. For the most up-to-date information for your flight, please contact your airline. We recommend checking in online in advance to avoid potential delays at the airport.

## LGBTQ+ Safety

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The safety and well-being of all of our travelers is a priority at G Adventures and that includes our travelers who identify as part of the LGBTQ+ community. We recognize that there are specific concerns and questions you may have about your adventure in terms of safety and security. We encourage you to visit our [LGBTQ+ page](#) for useful resources to ensure you feel safe and comfortable throughout the duration of your trip. The Equaldex tool linked on this page can be of particular help when deciding where you may want to visit next.