

TRIP START DATES

2023	2024
MAY 06, 27	MAY 04, 11
JUN 10, 24	JUN 08, 22
SEP 09, 16, 23	AUG 31
OCT 21	SEP 14, 28
	OCT 12

For full dates and prices, and to choose your group size, visit insightvacations.com/spectacular-national-parks-of-eastern-usa

DISCOVERY JOURNEY
ACTIVITY LEVEL: **DYNAMIC**

10 DAYS
1 COUNTRY
17 MEALS
6 INCLUDED EXPERIENCES

feefo BE THE FIRST TO RATE
THIS NEW TRIP
GUEST REVIEW

MAKE TRAVEL MATTER®

Washington, D.C.: Discover over 36,000 artifacts reflecting history, politics, sports, arts and entertainment at the National Museum of African American History and Culture. Learn about the richness and diversity of the African American experience, and support educational projects through your visit.

Cherokee: At the Oconaluftee Indian Village in Cherokee, North Carolina, discover a living history and experience an intriguing glimpse into the past.

INSIGHT EXPERIENCE

Shenandoah Valley: Taste signature wines, and enjoy a tasty farmhouse lunch, while overlooking the Blue Ridge Mountains.

INSIGHT CHOICE

Nashville: This truly unique park, Mammoth Cave National Park features the longest known cave system in the world. Join a Park Ranger for a tour of the intricate cave system and learn about thousands of years of human history and rich biodiversity that earned this park a title of UNESCO World Heritage Site and International Biosphere Reserve. Alternatively, choose to MAKE TRAVEL MATTER® with a visit to the National Museum of African American Music, the only museum dedicated to preserving and celebrating the many music genres created, influenced, and inspired by African Americans. For music lovers of all generations, this museum inspires, educates, and transforms the appreciation of American music all while celebrating the central role African Americans play in creating the American soundtrack.

TOP RATED HIGHLIGHTS

Shenandoah Valley: Famous for its stunning views, colors and foliage, the scenic Skyline Drive is one of America's National Scenic Byways. The route runs 105 miles along the crest of the Blue Ridge Mountains, the full length of Shenandoah National Park.

SPECTACULAR NATIONAL PARKS OF EASTERN USA

Discover the spectacular National Parks and eclectic cities of the East Coast on this 10-Day guided tour. Revel in wide open spaces, stunning landscapes, iconic city sights and enjoy a bounty of food, music and art. Experience New River Gorge National Park in West Virginia, America's newest National Park.

EXCITING NEW ITINERARY



GREAT SMOKY MOUNTAINS, NORTH CAROLINA



NASHVILLE



NATIONAL MUSEUM OF AFRICAN AMERICAN HISTORY AND CULTURE, WASHINGTON, D.C.



DAY 1 WELCOME TO WASHINGTON, D.C.

Welcome to the Nation's capital and one of the most iconic cities in the world. Settle into the elegant Melrose Georgetown Hotel, perfectly located to easily access the city sights.

Join your Travel Director and fellow travelers at 18:00 for a delicious Welcome Dinner. (D)

Melrose Georgetown Hotel.

DAY 2 WASHINGTON, D.C. TO SHENANDOAH NATIONAL PARK

This morning, immerse yourself on a sightseeing tour of Washington D.C. View iconic sights and national monuments, including the White House, Washington Monument, the National Mall and Lincoln Memorial. Visit the National Museum of African American History and Culture on a MAKE TRAVEL MATTER® Experience. As the newest member of the Smithsonian Institution, this is the only national museum devoted exclusively to the documentation of African American life, history, and culture. Leave the city sights behind in the afternoon and travel along the Skyline Drive, the main scenic drive into Shenandoah National Park. Enjoy spectacular views across the colorful vistas of the park before arriving at your hotel, the historic Skyland Lodge. The evening is yours to relax and bask in breathtaking views of Shenandoah Valley. (B) (D)

Skyland Lodge, Shenandoah National Park.

DAY 3 SHENANDOAH NATIONAL PARK

Relaxed Start. Start your day immersed in nature's beauty with a gentle hike along the Stony Mountain Trail. The Stony Man is part of the iconic Appalachian Trail and offers some of the best vistas in Shenandoah National Park, so have your camera ready. Guests can choose to take an optional Skyland Trail horseback ride. This scenic guided ride takes you on a gentle wooded trail, past the Limberlost trailhead and through an old apple orchard.

Visit the acclaimed Veritas Vineyards and Winery, for a wine tasting and farmhouse lunch.

Taste signature wines and relax on the sundeck while enjoying spectacular views over of the Blue Ridge Mountains.

Later travel on to the New River Gorge National Park and your resort hotel, where the evening is yours at leisure. (B) (L)

The Resort at Glade Springs.

DAY 4 EXPLORING NEW RIVER GORGE NATIONAL PARK

Relaxed Start. Today explore New River Gorge National Park, the newest park in the America's National Park System, encompassing over 70,000 acres of land. Visit the Canyon Rim Visitor Center to learn all about the history and flora and fauna of the park. Then stroll a picturesque boardwalk trail to enjoy magnificent views of the New River Gorge and New River Bridge. The rest of the day is yours to enjoy the park and hotel amenities at your leisure. You may also choose to take an optional guided Bridge Walk to learn the history of the longest single arch bridge in the Western Hemisphere. (B)

DAY 5 A FEAST OF MUSIC AND FOOD IN ASHEVILLE N.C.

Relaxed Start. Depart for Asheville via the scenic Blue Ridge Parkway, one of the most beautiful drives in America. Unleash your inner musician with a tour of Asheville's famous Citizen Vinyl Record press factory and studio. Later, taste the delights of the city on a walking food tour. Sit at some of the some of the most acclaimed local establishments to sample an array of flavors, cuisines and local produce. (B) (DW)

Hilton Asheville Biltmore Park.

DAY 6 THE BILTMORE ESTATE

Relaxed Start. Enjoy a relaxed start before visiting the magnificent Biltmore Estate, America's largest privately owned home. Tour the remarkable house and explore the lush gardens and arboretum. Through intriguing displays of vintage clothing, accessories, art and furniture, uncover stories of the Vanderbilt family, their guests and employees. The afternoon is yours at leisure to explore Asheville. Maybe try out the famous craft-beer scene? Or perhaps choose an optional experience of a River Arts District Tour. Visiting some of the working studios where local artists produce and display their works, this guided tour offers a unique insight into the creative culture of the city. (B)

DAY 7 GREAT SMOKY MOUNTAINS NATIONAL PARK

Relaxed Start. Say goodbye to Asheville and depart for the Great Smoky Mountains. On the way, visit the Oconaluftee Indian Village, a MAKE TRAVEL MATTER® Experience. Here, join a Cherokee cultural expert for an interactive journey through Cherokee lifestyle and history. On arrival in Great Smoky Mountains National Park, discover the importance of agriculture to the park's ecosystem with a visit to the Mountain Farm Museum. See how families lived centuries ago through their unique collection of farm buildings. Savor a delicious and picturesque picnic lunch before continuing to your hotel. Enjoy magnificent views with stops along the way, including Newfound Gap, dramatically straddling the Stateline of North Carolina and Tennessee. The rest of the day is yours at leisure. (B) (L) (D)

The Park Vista: A DoubleTree by Hilton Hotel.

DAY 8 THE MUSEUM OF APPALACHIA AND ON TO NASHVILLE

Relaxed Start. Following a relaxed start, step back in time with a visit to the Museum of Appalachia. Roam the original buildings of this living mountain village and learn about the people of Appalachia through the bounty of artefacts and stories they left behind.

Feast on a full Southern Appalachian country lunch and enjoy authentic traditional bluegrass music from The Museum of Appalachia Band.

Then journey on to Nashville and get acquainted with Music City on an orientation tour. Visit the picturesque Riverfront Park, Tennessee State Capitol and the 132-acre Centennial State Park, where you'll encounter an exact replica of the Parthenon. Pass by the city's lively honky-tonks and street performers on Broadway, as you make your way to the Ryman Auditorium, former and original home of the Grand Ole Opry. (B) (L)

Renaissance Nashville Hotel.

DAY 9 WELCOME TO MUSIC CITY

This morning, explore Nashville with Insight Choice. Choose to visit the National Museum of African American Music, a MAKE TRAVEL MATTER® Experience celebrating the central role African Americans play in creating the American soundtrack. Alternatively, visit Mammoth Cave National Park and explore its intricate cave system with a guide. The rest of the day is yours at leisure. Maybe take a stroll down Broadway, soaking up the live music and atmosphere.

Tonight, toast your travels at your Celebration Dinner enjoy timeless southern hospitality at local favorite restaurant Pucketts. (B) (DW)


DAY 10 DEPART NASHVILLE


This morning, bid farewell to Nashville at your leisure, as your journey comes to an end. (B)

KEY

 Join/Leave Options

 UNESCO Heritage Site

 Central Hotels + Nights

 Scenic Hotels + Nights

 Place Visited

CHOOSE YOUR GROUP SIZE

This trip operates both classic and small group departures. You can also book your own private group with as few as 12 travelers.



Use the camera on your smart phone to view the full details of this trip on our website.